



PMS Menu 2019-2020

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Meatball sub w/sauce & cheese Chili dog/bun Frito chili pie	Chicken parm/bun Garlic dunker flat bread w/marinara sauce	Burrito/Salad Bar Chicken fingers Bread & butter Burrito Bowl	Sub/Salad Bar Hot Italian Sub or Cuban Sub Italian toasted cheese or Toasted cheese & tomato soup	Baked Potato Bar Chicken nuggets Bread & butter S & F Pizza
Pasta & meat sauce w/ garlic bread	Chicken patty/bun Bosco sticks	Salad Bar Buffalo popcorn chicken w/breadstick Chicken alfredo w/a twist	Salad Bar BBQ Pork/bun	Sea Fit fish/bun Mini corn dogs Nachos & cheese
Buffalo chicken rippers Breaded mozzarella sticks w/marinara sauce	Chicken nuggets Garlic breadstick Turkey or hamburger gravy w/ whipped potatoes Garlic breadsticks	Salad/Taco Bar Grilled chicken club on Ciabatta bread Tacos/taco salad	Salad Bar General Tso's chicken w/rice Bacon cheeseburger	Chef Susan's blackened wrap or Chipotle chicken wrap Pizza
Asian bowl Bread & butter Chicken nuggets Bread & butter	Breakfast pizza Popcorn chicken bowl w/breadstick	Salad Bar Fiestada pizza Italian plate (Chicken fingers, pasta & sauce, breadstick)	Salad/Sub Bar Double day dog 2nd dog- \$.75 Deli style subs	Shrimp poppers Cheese stick Dinner Roll Spicy popcorn chicken Bread w/ Butter
Corn dogs General Tso's chicken w/brown rice	Swedish meatballs w/pasta & roll Cheeseburger/bun	Salad/Taco Bar Chicken grinder Walking taco w/ Doritos	Fajita/Salad Bar Chicken fajita Pizzaburger or sloppy joe/bun	Dutch waffle or French toast sticks w/sausage links Stuffed crust pizza
Week of:				
August 28, 2019	October 28, 2019	January 6, 2020	March 9, 2020	May 18th, 2020
September 2, 2019	November 4, 2019	January 13, 2020	March 16, 2020	May 25th, 2020*
September 9, 2019	November 11, 2019	January 20, 2020	March 23, 2020	June 1st * 2020
September 16, 2019	November 18, 2019	January 27, 2020	March 30th, 2020	June 2nd* 2020
September 23, 2019	November 25, 2019	February 3, 2020	April 6, 2020	June 3rd* 2020
September 30, 2019	December 2nd, 2019	February 10, 2020	April 20, 2020	2nd Tuesday of the Month
October 7, 2019	December 9th, 2019	February 17, 2020	April 27, 2020	Domino's Pizza
October 14, 2019	December 16th, 2019	February 24, 2020	May 4, 2020	*Cook's Choice
October 21, 2019	January 1st, 2020	March 2, 2020	May 11, 2020	

Find the date of the week and match the color to the menus above. That is the menu for the week. Exp. Aug. 28 will be the blue week.

Follow the color coded dates. Menus with an "or" will alternate those items cycle to cycle.

Menus are subject to change. All lunch trays must have a fruit or a vegetable for the tray price

Students receiving Free or Reduced lunch benefits will also receive Free or Reduced breakfast

Free and Reduced lunch applications must be returned before Sept. 30th 2019

Applications are available on line or in the school office.

Lunch prices:	
Student:	\$3.00
Reduced:	\$0.40
Milk:	\$0.50
Adult	\$3.75
Adult wo /milk	\$3.25
Daily choice of Toft's low-fat milk, assorted fruits, & vegetables, hamburger on a bun, cold meat sandwich, peanut butter & jelly.	

August

2019